Starts: September 14th, 2023

Time: 6:00-7:00PM

Location: 15 Strawberry Ave Lewiston, ME

Register Today





## Program for Grieving Children & Teens

The Program for Grieving Children and Teens teaches children, teens, and their supportive adult(s), who have experienced a death of a loved one, the skills needed to address and process loss and grief, while also teaching positive coping mechanisms—driving personal growth and success.

The Program is a 10-week support group, facilitated by Bereavement staff and volunteers. This support group breaks out into mini-groups by age to ensure activities and conversation are age-appropriate, supportive adults accompany the child. Each session provides a hands-on activity, with staff and volunteers guiding participants through conversation that allows them a safe space to share their grief, learn new positive ways to process their grief, while also reflecting on the cherished memories of their loved ones.



\*Registration is required for this group offering

Please contact with any questions: **Amy Dulac**, Bereavement Coordinator

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androscoggin.org/bereavement