



AndroFRIENDS

Connecting the community with our mission

Spring 2022s

Volume 3 • Issue 1

56 YEARS AND GROWING

Androscoggin Home Healthcare + Hospice Acquires Waterville's Care & Comfort

Go anywhere in the State of Maine and you are bound to hear about the truly extraordinary work of Androscoggin's clinicians, therapists, social workers, and now behavioral health specialists. In February of this year, Androscoggin acquired the home and healthcare company, Care & Comfort, adding a new dimension to our work and scope of services.

As Maine's largest and most respected independent non-profit home healthcare organization, the behavioral health line was a natural fit for an organization centered on living and helping patients achieve their personal health goals. Waterville's Care & Comfort acquisition was the result of both timing and alignment: the timing being the retirement of Care & Comfort's founder, **Susan Giguere**, and the alignment of mission with Androscoggin's ethos of providing quality, innovative care, regardless of an individual's circumstances. Additional contributing factors included Care & Comfort's strong community reputation, its financial performance, low employee turnover, and a highly skilled and dedicated staff.



"As I prepared for the future of the company I started 31 years ago, my highest priority was to find a successor who, through their deeds, demonstrated the same compassion I have for my employees and clients. There were several options, yet none compared to the legacy of Androscoggin Home Healthcare + Hospice. I'm delighted our paths crossed in this way, and I'm excited about the possibilities for the future."

— Susan Giguere

With the acquisition of Care & Comfort, Androscoggin's reach throughout Maine grew to all 16 counties, while the organization's daily patient census (those we care for on a daily basis) increased from an average of 2,700 patients to roughly 4,000 patients of all ages, being cared for in their home settings. Moreover, behavioral health over the last decade has been identified as Maine's top community health need.

With the addition of this service line, Androscoggin will truly be able to offer the broadest range of healthcare services within a greatly expanded service area, while at the same time continue to collaborate successfully with hospitals, health centers, primary care physicians, and specialists throughout the entire state to create innovative treatment and care plans for our patients and clients.



Karen Flynn, RN, former Director of Hospice and Palliative Care

In 2005, Androscoggin built the first freestanding hospice house in Maine. Located in Auburn, the house is an extension of our services by providing expert care in a home setting. In 2021, the Hospice House Kitchen was completely remodeled and dedicated to **Karen Flynn**, the Hospice House's first manger. Today, the hospice house serves patients and families whose needs have become too great for families to provide at home; it is a

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(50 Years and Growing, continued)
wonderful resource that provides medically sophisticated care in a home like setting with clinicians and staff who are dedicated to compassionate end of life care.

In 2020, Androscoggin Home Healthcare + Hospice founded the Maine Center for Palliative Medicine (MCPM) with the understanding that serious illness affects every aspect of a person's life, regardless of age. Palliative care is specialized medical care focused on improving quality of life for people living with serious illness, as well as their loved ones. Expert medical care is combined with emotional, spiritual, social

advocacy, and support to provide whole-person care based on what matters most to an individual and their family. Lead by **Dr. Vance Brown**, MCPM has supported and guided patients and their families, caregivers, and healthcare providers in determining goals for our patients in the navigation and dynamics of serious illness.

Today, with the merging of Care & Comfort this past February, Androscoggin Home Healthcare + Hospice is truly Maine's largest comprehensive home healthcare organization with 800 highly skilled clinicians and staff with offices in Lewiston, Farmington, Norway, Brighton, Rumford, Wilton,

Waterville, Dover-Foxcroft, Augusta, Bangor, and Presque Isle. Our mission is as strong today as it was in 1966: to bring high-quality, innovative health care that enhances a person's life to be the best it can possibly be, regardless of their individual or family's circumstances.

In 2021, Androscoggin served more than 12,000 patients in Maine with over 250,000 home visits and provided \$1.64 million in free care to residents across the state. We are an organization with a heart that offers a culture of compassion while providing state-of-the-art home health care services to all.



Life Lives On Through Androscoggin Memorial Giving Program



Whether it's ordering a remembrance ornament, dedicating a paver stone at the Hospice House, fundraising for Hike for Hospice, purchasing a butterfly at our annual Butterfly Release Celebration, or sponsoring our signature Autumn Night Out event, these actions far exceed giving a gift to Androscoggin. By participating in any of the aforementioned, you are ensuring the memory of your loved one continues through everything Androscoggin does: the on-call nurse responding tirelessly to a midnight emergency, the steadfast hospice volunteer holding a patient's hand, the compassionate bereavement specialist helping a child navigate the stages of grief, or the dedicated telehealth team providing an extra set of eyes and ears to keep patients out of the hospital. Your loved one's life lives on through all of it; that's why we named our memorial giving program, Life Lives On.

The Life Lives On program provides meaningful ways to honor loved ones, support Androscoggin patients and families, and connect with others, all while sustaining our mission through raising necessary resources to enhance quality of life. Through your support, your loved one's memory continues to live on through Androscoggin's commitment to delivering quality care to all, regardless of ability to pay.





19 Years of Autumn Night Out

Celebrating the 19th year of its signature benefit event - Autumn Night Out - Androscoggin will bring together community partners, donors, and friends of the organization throughout our statewide communities to celebrate the memory of loved ones while raising critical funds for Androscoggin Home Healthcare + Hospice.

Incorporating the theme of the Emerald City from the Wizard of Oz, guests will be treated to hors d'oeuvres, drinks, dinner, and camaraderie with returning Mistress of Ceremonies, **Lori Voornas**, radio personality of Q97.9. Live remarks from Androscoggin leadership and a moving video sharing stories from the families of Androscoggin pediatric patients will be shown on behalf of our 2022 paddle raise beneficiary, Androscoggin's pediatric program – a true testament to Androscoggin's commitment to providing quality care to all, regardless of age or ability to pay.

With an average census ranging between 280 and 320 pediatric patients, Androscoggin's robust pediatric program provides skilled therapies and complementary supportive services to children with chronic and/or debilitating illnesses. Funds raised from this year's Autumn Night Out paddle raise will cover therapy equipment such as walking, positioning, and sensory devices, language and assistive technology such as speech tablets, as well as cribs and air conditioners to help children with respiratory issues. Many of these therapeutic needs are currently covered out-of-pocket by pediatric clinicians, while the non-medical needs have been provided by Androscoggin's Life Happens program - a charitable fund supported through staff donations, employee jeans days, and individual donors, created to improve the quality of patients' health and lives.

"These kids have bad days, but not bad lives," says **Laura Bachelder**, Clinical Manager of Pediatrics at Androscoggin. "Being able to bring some normalcy and joy to their days is our why, and truly refreshes our souls."

Spearheaded by Event Co-Chairs, **Cyndi Robbins** and **Heather Printup**, and planning committee members **Jenn Lever**, **Jessica Donovan**, **Mary McMahon**, **Erin Bolduc**, **Erica Bosse**, **David Andrews**, **Abby Brown**, **Kelly Jacobson**, **Dawn Youland**, **Nancy Girouard**, and **Kimberly Beaudin**, the 2022 Autumn Night Out is on Friday, September 9 from 5:00-9:30pm at the renowned Poland Spring Resort. Tickets will be available at \$100 each on the Androscoggin website beginning in July.



"Being able to bring some normalcy and joy to their days is our why, and truly refreshes our souls."

THE 1966 SOCIETY

The 1966 Society is a special group of philanthropists who have chosen to invest in the future of Androscoggin Home Healthcare + Hospice while honoring the tradition of uncompromising home health and hospice care through gifts in their wills and/or estate plans. Today, Androscoggin's innovative delivery of care continues, thanks in large part from the extraordinary gifts from families and friends throughout the state of Maine.

In this issue of AndroFriends, we are spotlighting the **Androscoggin Home Healthcare + Hospice Charitable Gift Annuity** and the many benefits this life income gift vehicle may provide while supporting the future of Androscoggin Home Healthcare + Hospice.

What is a charitable gift annuity?

A charitable gift annuity is a contractual agreement between a donor and Androscoggin Home Healthcare + Hospice under which Androscoggin agrees to pay a fixed annual amount to one or two designated beneficiaries for life in exchange for a gift that establishes the annuity.

An Androscoggin Charitable Gift Annuity provides you with a fixed stream of income for as long as you live. The specific rate you receive depends on your age, with older beneficiaries receiving a greater percentage than younger beneficiaries.

An Androscoggin Gift Annuity may be established with a gift of \$10,000 or more, and as the chart shows the rates we currently offer at various representative ages. The payments you receive from a gift annuity will likely exceed the interest on popular investments like CDs, money market funds, and bank savings accounts.

Note: If you use appreciated publicly traded stock to fund a gift annuity, you will avoid long-term capital gains tax on some of your paper gain; the gain you do recognize will be spread over your life expectancy. In such cases, part of your annuity will be taxed as ordinary income, part will be tax free, and part will be taxed at lower capital gains rates.

A gift annuity can be payable for one or two lives.

Adding a second beneficiary causes a small reduction in the annuity rate and in the income tax deduction. In addition, a gift for an Androscoggin Gift Annuity will enable you to claim an income tax charitable deduction.

Deductions for a \$100,000 charitable gift annuity contribution are also shown in the charts below.

Note: If you itemize deductions on your federal tax return, this deduction will produce tax savings for you proportional to your marginal tax bracket. Even if you typically take the standard deduction because you do not have enough deductions to itemize, the deduction from your gift annuity may be large enough to exceed the threshold to itemize and allow you to enjoy the benefits of itemizing in the year you make your gift. In 2022, the standard deduction is \$25,900 for married couples and \$12,950 for individuals.

An Androscoggin Charitable Gift Annuity can also be directed to a particular program or service. Additionally, donors can choose to establish a named endowment fund at the end of the annuity's term. These are just two of the many benefits in establishing an Androscoggin Charitable Gift Annuity.

\$100,000 Gift Annuity						\$100,000 Gift Annuity					
Age	Payout Rate	Annual Payout	Tax-Free Portion*	Charitable Deduction	Tax Savings 32% Tax Bracket	Age	Payout Rate	Annual Payout	Tax-Free Portion*	Charitable Deduction	Tax Savings 32% Tax Bracket
One Annuitant						Two Annuitants					
60	3.9%	\$3,900	\$2,895	\$31,139	\$9,964	60-60	3.6%	\$3,600	\$2,639	\$21,910	\$7,011
70	4.7%	\$4,700	\$3,657	\$41,860	\$13,395	70-70	4.2%	\$4,200	\$3,255	\$33,275	\$10,648
80	6.5%	\$6,500	\$5,298	\$50,209	\$16,067	80-80	5.4%	\$5,400	\$4,401	\$44,139	\$14,124

*For the life expectancy of the annuitants

For a personal illustration on how a charitable gift annuity may fit with your personal circumstances, please contact Tom Fogarty at (207) 795-9389 or by email at thomas.fogarty@androscoggin.org.

Androscoggin Home Healthcare + Hospice is delighted to announce the addition of two new members to its community relations and development office

With an extensive career in marketing and resource development, **Tom Fogarty** joined Androscoggin as its Community Engagement Officer in November 2021. Fogarty has served as a resource development and marketing executive at two of Maine's largest healthcare systems and at Crotched Mountain Foundation in New Hampshire, as well as with some of the finest independent educational institutions in the United States, including Mercersburg Academy, from which he graduated.

Fogarty received his undergraduate and graduate degrees at Fordham University in New York. For the past 22 years, he has resided with his family in Auburn, Maine.

"This organization is truly worthy of philanthropic support from all sectors. I look forward to bringing a greater degree of sophistication to our donor-centered community relations and development efforts."



Jillian Netherland and Tom Fogarty

Joining Fogarty in Androscoggin's Community Relations and Development office is **Jillian Netherland**, who brings more than 10 years of fundraising and marketing experience to the organization. Prior to joining Androscoggin in November of 2021 as the Development & Community Relations Manager, Netherland served as manager for grassroots and distinguished events for national nonprofit healthcare organizations such as the American Cancer Society and Leukemia and Lymphoma Society.

Netherland earned her undergraduate and graduate degrees from Rochester Institute of Technology (RIT) in Rochester, New York, including a Master of Science degree in Communication & Media Technologies with a concentration in healthcare communications.

She resides in Auburn with her husband and two toddler daughters.

"My eyes were opened to the beauty of hospice care towards the end of my dad's cancer journey in 2009. I am so fortunate to be part of the team advancing the mission of Androscoggin, where I see my dad's life – and the life of all of our loved ones – live on daily through the compassionate work of our caring and dedicated clinicians."

To contact Tom, Jillian, or any of the members of Androscoggin's Community Relations & Development Department, please email developmentoffice@androscoggin.org.



Community Partners Who Are Advancing A Mission for Life



A Banking Force For Good



A Member of Covenant Health



Maine Center *for* Palliative Medicine

Offered by Androscoggin Home Healthcare + Hospice

Maine Center for Palliative Medicine Selects Inaugural Nurse Practitioner Fellow



Katie Frend, MSN FNP-BC, earned both her bachelor's of science and master's of science in nursing from Simmons University in Boston, Massachusetts. She has completed preceptorships at Four Seasons Family Practice in Fairfield, Maine General Medical Center in Augusta, Androscoggin Home Healthcare + Hospice in Lewiston, and at the Maranacook Community High School Health Center in Readfield. In addition to her preceptorships, Frend has also worked as a registered nurse at Boston Medical Center and Fenway Health, both in Boston, Massachusetts.

The MCPM Nurse Practitioner Fellowship is a one-year program designed to nurture and educate a certified nurse practitioner in hospice and palliative care across a wide range of settings. Androscoggin was the recipient of \$150,000 of congressionally directed spending, secured by Senator Susan Collins, for the funding of the MCPM Nurse Practitioner Fellowship. The Fellowship will begin on July 1, 2022 and run until June 30, 2023.

"Androscoggin has already been known for hospice and palliative care. What the Nurse Practitioner Fellowship does is designates us as a key area in Maine to provide specialized care as well as education for the providers who are going to serve our community," said MCPM palliative care nurse practitioner Jackie Fournier, NP, ACHPN. "As co-director of this program with Nastsaha Stitham, I am really looking forward to creating the future of palliative care for the communities we serve in Maine."

MCPM's specially trained and certified physicians, nurse practitioners, and multi-disciplinary team of nurses and social workers collaborate with patients' primary care providers to deliver whole-person medical care for those with serious and life-limiting illness. MCPM serves as a resource in Maine to provide specialty education and training for physicians, nurse practitioners, and other health care professionals to increase the numbers of palliative care specialists in Maine.

"The MCPM Nurse Practitioner Fellowship is instrumental in ensuring the people of Maine have access to high-quality medical care across the healthcare continuum," said **Vance Brown, MD**, Chief Medical Officer at Androscoggin. "The Fellowship will play a large role in building a workforce that meets the evolving needs of our community and we look forward to having Katie join our team."

For more information about the MCPM Nurse Practitioner Fellowship, visit mcpm.org.



Chairs of the Hospice House Kitchen Capital Campaign join members of Androscoggin Home Healthcare + Hospice administration and Karen Flynn (far right) for whom the newly remodeled kitchen is dedicated.



ANDROSCOGGIN Hospice Thrift Store

Supporting patient care in our community

Watch for our Augusta Store Yard Sale this Spring!

Augusta
 165 Capitol St., Suite 2
 Augusta, ME

Auburn
 245 Center St, Suite 2
 Auburn, ME

GRANTS CORNER

Androscoggin's staff and grant writer continues to actively seek out grant opportunities from local, regional, and national funders that align well with our mission, vision, and values. With the recent acquisition of Care & Comfort, we're excited to now be able to apply for mental and behavioral health grant opportunities.

Androscoggin is excited to announce our request for Congressionally Directed Spending was secured by Senator Collins. Androscoggin is the recipient of \$150,000 for the Maine Center for Palliative Care's Nurse Practitioner Fellowship.

The Nurse Practitioner Fellowship will train nurse practitioners in the field of hospice and palliative medicine. The first fellow starts July 2022.



If you receive a call from one of these guys – Stewardship Volunteers – Paul (left) and Alan (right) you know you made a difference in somebody's life. Our volunteer callers are on the job ensuring that you are recognized for the good you do for our patients and families.



ANDROSCOGGIN

Home Healthcare
+ Hospice

15 Strawberry Ave
Lewiston, ME 04240

androscoggin.org



2022 EVENTS

Hike for Hospice

May 14, 2022 • 9:30am–2:00pm
Pineland Farms, New Gloucester

Butterfly Release

July 16, 2022 • 11:00am–1:00pm
Geiger Elementary School, Lewiston

Autumn Night Out

September 9, 2022 • 5:00–9:30pm
Poland Spring Resort, Poland

Remembrance Ornament

November 1, 2022

To learn more about this year's events,
visit androscoggin.org/events/



ANDROSCOGGIN

Home Healthcare
+ Hospice

Skilled Home Health Services

- Home Health Care
- Hospice
- Palliative Medicine
- Transitional Care

Counties currently served*

Androscoggin	Oxford
Cumberland	Sagadahoc
Franklin	Somerset
Kennebec	York
Lincoln	

Personal Support & Home Care Service

- Private Duty
- Personal Care
- Long Term Adult and Pediatric In-Home Nursing Care

Counties currently served*

Androscoggin	Oxford
Cumberland	Sagadahoc
Franklin	Somerset
Kennebec	York
Lincoln	

Behavioral Health Services

- Outpatient Therapy
- Behavioral Health and Community Support Services
- Children's Case Management Services
- Adult Community Supports
- Home And Community Support Services For Children

Counties currently served*

Androscoggin	Knox
Aroostook	Oxford
Franklin	Penobscot
Hancock	Piscataquis
Kennebec	Somerset
	Waldo
	Washington

