

A photograph of a middle-aged couple embracing warmly in a home setting. The man, wearing glasses and a blue sweater, is smiling broadly. The woman, wearing a plaid shirt, is also smiling and has her arms around his neck. In the background, a dining table with chairs is visible, and a doorway leads to another room.

IT'S TIME TO ENROLL.

**GET TO KNOW YOUR
VSP VISION BENEFITS!**

**Androscoggin Home Healthcare + Hospice
Effective January 1, 2022**



SEE WELL. BE WELL.®



CARE

As a health-focused company, your well-being is at the core of everything we do. Eye care is essential to your overall health.



SAVINGS

With VSP®, your family can rely on additional savings and offers to get the care you need at low out-of-pocket costs.



ACCESS

From private practice doctors to retail chain locations, VSP is here to help you with safe, convenient access to local eye doctors.



EYE CARE IS HEALTHCARE

Even if you have 20/20 vision, it's important for you to get an eye exam every year. Why? Well, an eye exam is about more than just seeing clearly.

Did you know?

Nearly **88 million** U.S. adults are living with **prediabetes** and **85%** don't know they have it. Early signs can be detected with an eye exam and regular eye exams can reduce the risk of diabetes related vision loss by **95%**¹



VSP PRIMARY EYECARE PLANSM

- Get the medical eye care you need, while avoiding trips to the emergency room.
- **HERE'S WHAT'S COVERED.**
- Fully covered retinal screening for members with diabetes who do not have diabetic eye disease
- Exams and services to diagnose and monitor glaucoma and cataracts
- Treatment options to monitor ongoing conditions such as dry eye, diabetic eye disease, and more
- Tests to diagnose sudden vision changes

RETINAL SCREENING

Retinal screening photos are images of the inside of your eye that are used as baseline documentation of a healthy eye or to screen for potential disease(s).

Finding retinal disorders early is critical in helping to prevent serious disease progression and even vision loss.

- Members pay no more than a \$39 copay for retinal screening each year.
- Members with diabetes receive a fully covered retinal screening each year.



SAVE ON THE EYEWEAR YOU NEED

- 75% of adults use some sort of vision correction
- About 64% of them wear eyeglasses
- 11% wear contact lenses, either exclusively, or with glasses
- More than half of all women and about 42% of men wear glasses¹

As a VSP member through Androscoggin Home Healthcare + Hospice, you'll save an average of \$528 on the eye care and eyewear you need to keep yourself healthy and see your best.

SAVINGS NEVER LOOKED SO GOOD

Here’s an example of your potential savings as an individual when you receive an eye exam and get new prescription glasses. **Families save even more!**

	Without VSP	With VSP Coverage
Eye Exam	\$184	\$10
Frame	\$150	\$25
Bifocal Lenses	\$158	
Custom Progressive Lenses	\$255	\$150
Anti-glare Coating	\$148	\$85
Member-only Annual Contribution	N/A	\$96.72
Total	\$895	\$366.72

YOUR AVERAGE ANNUAL
SAVINGS WITH VSP

\$528.28

Comparison based on national averages for eye exams and most commonly purchased brands.



FAMILIES SAVE EVEN MORE.

Member	Choice	Savings
VSP Member	Prescription Glasses	\$369
Spouse	Prescription Glasses	\$487
1 st Child	Prescription Glasses	\$569
2 nd Child	Contact Lenses	\$215

TOTAL POTENTIAL SAVINGS: \$1,640

YOUR VSP PLAN AT A GLANCE

	VSP Choice Plan
Exam	<ul style="list-style-type: none">WellVision Exam covered every calendar year after \$10 copay
Frame Allowance	\$150 Frame allowance every other calendar year for a frame of your choice
Lenses	<ul style="list-style-type: none">Single vision, lined bifocal or lined trifocal lenses for adults after \$25 copay for glassesImpact-resistant lenses for children covered after copay for glassesEvery calendar year
Lens Enhancements	<ul style="list-style-type: none">Standard Progressive lenses are covered in full30% savings on lens enhancements—scratch-resistant, UV, anti-glare coatings
Contact Lens Allowance (in lieu of glasses)	\$150 allowance for contacts lenses and copay up to \$60 for contacts lens exam (fitting and evaluation) Every calendar year
Primary Eyecare Program	Covered-in-full retinal screening for members with diabetes. Additional exams and services beyond routine care to treat immediate issues from pink eye to sudden changes in vision or to monitor ongoing conditions such as dry eye, diabetes, glaucoma, and more. Coordination with your medical coverage may apply. Ask your VSP doctor for details.
Retinal Screening	No more than a \$39 copay on routine retinal screening as an enhancement to a WellVision Exam.
Your Monthly Contribution	\$8.06 Member Only, \$11.68 Member + 1, \$20.95 Member + Family

CONVENIENT ACCESS TO DOCTORS

GET THE CARE YOU DESERVE.

It's about choice. On average, there are five VSP network doctors within six miles.



Maximize your benefits at a Premier Program location (at no extra cost) now including **thousands of private practice doctors** and over **700 Visionworks®** retail locations nationwide.



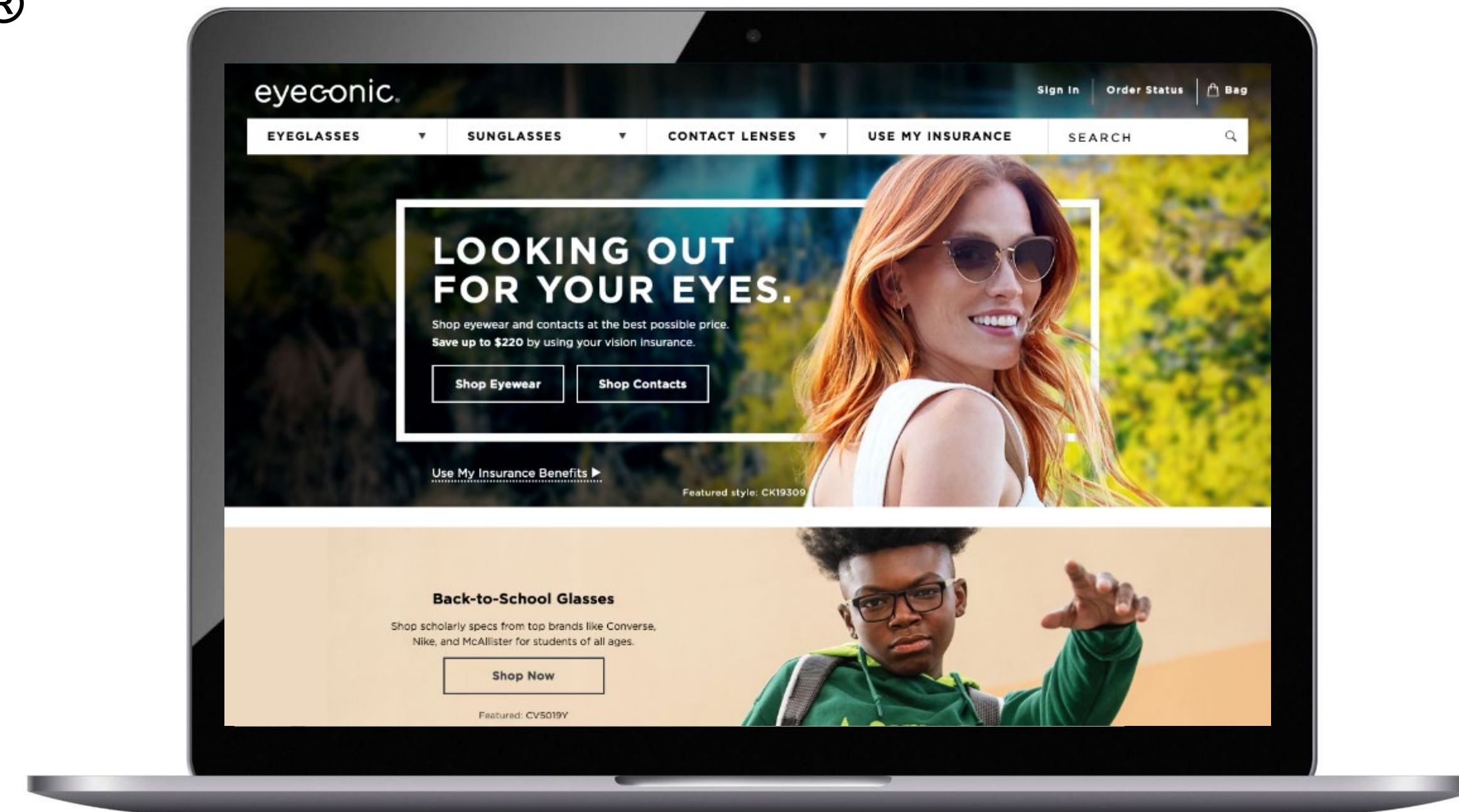
Visionworks

EYECONIC.COM

As a VSP-owned company, **eyeconic.com**® seamlessly connects your VSP vision benefits to your account.

Eyeconic offers a variety of well-known brands and contact lenses. Choose from over 50 eyewear brands like Calvin Klein, Cole Haan, Nike, and more.

Find your product, customize your order and we do the rest. Start saving today at **eyeconic.com** today.



EXCLUSIVE MEMBER EXTRAS

GET THE SAVINGS YOU NEED.

Visit vsp.com to see all the Exclusive Member Extras. VSP puts members first by providing you with exclusive special offers from leading industry brands, totaling more than **\$3,000 in savings**. Discover great deals on glasses, sunglasses, contact lenses, and more.



Enjoy an Extra \$20 on Featured Frame Brands.



Enjoy an Extra \$40 on Featured Frame Brands.



Save up to 40% on popular lens enhancements.

*Offers vary based on state and benefit plan. Brands and offers subject to change.



SAVINGS ON HEARING AIDS

Like vision loss, hearing loss can have a huge impact on your quality of life. TruHearing® makes hearing aids affordable by providing exclusive savings to all VSP Vision Care members.

As a VSP member, you can save up to 60% on a pair of hearing aids with TruHearing. Your dependents and even extended family members are eligible, too.

Learn more about this VSP Exclusive Member Extra at truhearing.com/vsp.

TruHearing™





USING YOUR BENEFIT IS EASY.

Once you're enrolled...

- Your VSP benefits include Eyeconic[®], the preferred online retailer of VSP.
- Create an account at **vsp.com** and review your personalized benefit information.
- Find a VSP in-network doctor by visiting **vsp.com** or calling **800.877.7195**.

eyeconic

®

ENROLL TODAY!

VSP helps you see well and be well with the coverage and quality care you deserve.

Questions? Contact us.
Call 800.877.7195 or visit [VSP.com](https://www.vsp.com)

